

Now that cutting edge science and therapeutic processes are all proving the body bears the burden of early traumatic imprints into adulthood unless addressed, consumers are turning to those who work with the body to find relief. Training in theory, verbal skills, and hands-on application, however, is at the leading edge of understanding, and is not so easy to find.

We also know that supporting a birthing family with the principles and skills taught in this training will help prevent and treat trauma right away, with avenues for further support for the family if needed.

For more information, an application or to schedule an interview, contact Kate White, 434-996-2002, katercst@gmail.com See more at ppncenter.com under Trainings

Training Prerequisites:

- Application and interview;
- Introduction (see below);
- One process workshop with Kate White

Introduction to Prenatal and Perinatal Dynamics: (25 hour)

A four-day training introducing basic building blocks for prenatal and perinatal dynamics:

- September 13-16, 2018 and March 2019 at the Bridge Between the Worlds, Keswick, VA, (\$550 early/\$625 after that)

Prenatal and Perinatal Dynamics™

These five 3 day modules will allow you to deepen into early patterns and understanding the foundation of health through support of the prenatal and perinatal period. You will combine the basic building blocks you learned in the introduction with new information and how to apply them when working with your client's/patient's experience:

- **Module 1: Preconception/Conception Dynamics and Intention (19 hours)**
 - Intake with clients, early dynamics, challenges and gifts
 - Recognizing health
- **Module 2: Prenatal Dynamics (19 hours)**
 - Information on the possible patterns plus practice with basic skills
 - Somatic imprints
- **Module 3: Birth Dynamics 1 (19 hours)**
 - Physiologic Birth
 - 5 point sequence
 - Working with the birth story with verbal skills and touch
- **Module 4: Birth Dynamics 2 (19 hours)**
 - Interventions and birth
 - Working with the story continued
- **Module 5: Perinatal Dynamics and Integration (19 hours)**
 - Outlet dynamics, integration, creating space, postpartum work
 - Working with the story, continued