

Our logo: Each human being has an energetic blueprint. This mystical aspect of health is at the basis of our physical bodies and has been illustrated by such images as a tree of life, an embryo, and a torus. Included in this logo we have a young baby within an adult tree, showing the idea that the seeds of experiences in our first years continue to affect us into adulthood.

In our program, *Prenatal and Perinatal Dynamics*, we work with imprints from early traumas or overwhelming experiences. In our understanding, the best trauma resolution therapies must include a thorough understanding of health. Our logo shares a message of hope, that therapeutic work aligning with the blueprint can reach and shift even life-long held patterns, in people of any age.

Each mammal lives within a group, each tree relates to others whether in a forest or not. Our image is not meant to stand alone -- we hold true that each being has layers and layers of support and relationships. Come study with us



Kate White, MA, BCTMB, CEIM, RCST®, SEP is a bodyworker who has been involved with pre- and perinatal health for over 25 years, starting with maternal and child health, family planning, and health education as an international professional, then as a practitioner of the healing arts working with pregnant mothers, families and babies. Her qualifications include: BA and MA in communications. Certifications in prenatal massage, infant massage, Biodynamic Craniosacral Therapy, and completion of the Somatic Experiencing® Practitioner Training and 20 years of study and training in Prenatal and Perinatal Somatic Psychology with many leading pioneering practitioners. She is Founding Director of Education and co-creator of the Prenatal and Perinatal Educator Certificate course for the Association for Prenatal and Perinatal Psychology and Health, and is currently Co-Director at APPPAH, creating new programs for professionals working with parents. She is creator of Baby Dynamics Clinical training, Leading Edge Somatic Skills Seminars, Somatic Wholeness and the Whole Family Clinic. See more at ppncenter.com.



Lois Trezise, CNM is a nurse-midwife of 35 years' experience with a Master's Degree in Midwifery and certification in hypnosis from ASCH. Lois has attended births at home, out-of-hospital birth centers, and both large city and small community hospitals. Her experience has given her an in-depth overview of all the different ways in which labor can unfold and how to help prepare and support families. She currently lives in Brattleboro, VT.

Prenatal and Perinatal Dynamics™

Introduction and Five Modules, starting 2019.
Join us!



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The Training:

A training for practitioners who are interested in early developmental trauma, especially in prevention and immediate support through working with birthing families